Attitude and Behavioural Problems among Students

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Abstract

“Attitude is a feeling, belief, or opinion of approval or disapproval towards something. Behaviour is an action or reaction that occurs in response to an event or internal stimuli”

Attitude does not directly predict behaviours. There has been lots of debate on the link between attitude and behaviour in the arena of consumer behaviours. With the purpose of solving problem it is frequently needed to forecast or predict people’s behaviours. “Attitude could explain human actions”, in the current scenario, changes happen in each and every aspect of life either in the way of living or in the way we react. On such changes if the result of the same is good we term it as ‘Positive change’ and on the other side is the ‘Negative change’. Students, either in school level or college level undergo changes periodically as yesterday invention is today obsolete. So the trend of changes directly impacts the students as they hold the future of the country. In the below study the researcher has described the changes that happens on the attitudes of the students hence they respond through their behaviours very briefly.

Many have argued that attitudes are more likely to be unrelated or only slightly related to behaviours because the early theories present the relationship between attitudes and behaviours as a one way association. But if attitudes themselves were affected or influenced by past behaviours, the connection must be more intricate.

Keywords: Attitude, Behaviour, Positive change, Negative change and Human actions.
1. Introduction
My service as a learner also takes me easier to get with the student groups in which I am able to forecast the following behavioural changes:

a) Common changes
b) Peculiar changes
c) Un specified changes
d) Situational changes
e) Emotional changes

My topic evolves with the adaptability of the students from various family backgrounds, gender, exposure. Attitude and behavior are interwoven fabric of daily life. Advertising, political campaigns, and other persuasive media messages are built on the premise that behavior follows attitude, and attitude can be influenced with the right message delivered in the right way.

The of social and psychology have researched the relationship between attitude and behavior extensively. The more psychologists can understand the relationship between attitude and behavior ad the that influence both, the more effectively can treat mental disorders, ad contribute to the dialogue on important social problems such as Race, Gender and Age.

Responsibility Factor: When it comes to changes as briefed earlier there are two type of changes, but the immediate changes comes to the negative aspects due to mixture of various problems as listed below:

a) Income level–When the students comes gathered from various family standards the lower middle income group and lower income group family backed students has a first struck of mingling in the larger groups and gets themselves isolated.

b) Appearance–Based on the above point the dress code, mobility, command on other languages, grasping capacity of the other groups makes them to get too distance from the mass and gets them drained their confidence level which they dream of.

c) Gender–When the education grade improves like the field of management which is more emotions oriented the integration of genders (Male and Female) become inseparable. The IQ and EQ of both the gender varies, each and every problem encountered has to be analyzed on these emotions. As the team management fails their entrance to these other side is also restricted.

d) New culture–Most of the students were not able to with the new culture either uptrend or low trend. Most of the students were bound to face the un adaptability of uptrend or western culture and found sick on their emotions.

e) Assistance–Before the entry of the guide (Professor / Teacher) the first foremost touch of the tenure is their classmates. On deep analysis the earlier groups will have a high domination and they are the decision makers of the course both internally and educationally.

e) Teachers–The light of the course–Must try to bridge the relationship between these groups hence forth the travel of the classmates will have a happy ending.
f) **Diversions**—When the mix of both genders on a same class will normally create other un-stated relationships which will also act as a strong barrier for the further growth for both.

**Outcomes**- If the above hindrances are broken by all then the outcome will be the golden pass given by their life to themselves to catch the world of happiness.

**Assessment & Evaluation**: On the key factors above stated if we rate and analyze the findings are as below:

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<thead>
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<th>S. No</th>
<th>Factors</th>
<th>High</th>
<th>Medium</th>
<th>Low</th>
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<tbody>
<tr>
<td>1</td>
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<tr>
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<td>Appearance</td>
<td></td>
<td>✓</td>
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<td></td>
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<tr>
<td>4</td>
<td>New Culture</td>
<td>✓</td>
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<td>Assistance</td>
<td></td>
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<tr>
<td>6</td>
<td>Teachers</td>
<td></td>
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</tr>
<tr>
<td>7</td>
<td>Diversions</td>
<td>✓</td>
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<tr>
<td>8</td>
<td>Others</td>
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**Difficulties**—The following were in bringing down the rate of problems based on the above factors.

i. **Willingness to share**—Most of the students affected not able to express their feelings to the point as some were beyond their imagination.

ii. **Ego levels**—The imbalanced ego levels between groups were one of the reason with which they are not ready to get gathered to other groups.

iii. **Family Status**: Some students were forced to carry up their family status despite found or altered, restrain with their rationalities. Some parents may be too busy or illiterate to the problem of their children.

iv. **Un-interested commitments**—Some of the students being compelled by their family or closely related circle were made them to study in the institution as their dream institution my not be on reach.

v. **Diversions**—Some good educational student gets bad because of the co educational diversions of getting introduced to the opposite gender for the first time. The diversions may be added with other incoming habits like smoking and drinking as such attitude are very much private it becomes a difficult factor to understand.

vi. **Fear**—Some students fails to disclose their problems due to fear on their own life, threat from the class mates in case of problems.

vii. **Prestige education**—Some students will study only for a degree value as their family will have their own business and quenched with money, such student will form an artificial group and restrain others to come up.
viii. **Teacher**—Some professor / teacher might not able to get with the student affected and may maintain a distance. Sharing of problem state with his teacher may be absent for a student to find a solution on his problem.

ix. **Open forum**—A bridge between the teacher- student or parent–student will not be there either in their institution or home to sit and know the status of his children career growth.

**Measures**—All problems has to be found with a proper solution. The below are some tips which can be implemented as most of the solutions are low cost and cost free even plans for the benefit of students who is going to shoulder the economy in the near by future.

1. **Process of Admission**—The admission can be by the norms as regulated by the government or merit but the quality of the students, need of the education for his future should be identified.

2. **Merit of Joining**—Each and every student joined in a course should be briefed with the merit they hold and the seat they have grabbed with the importance. They should be goal fixed from the day one onwards.

3. **Initial barrier breaking sessions**—As they are now defined that on the due completion of the course will be honored with a degree for the next stipulated period. Let the initial session for a day or two be only interactive sessions within the groups so that the identification and fitness inside the group by all students can be done.

4. **Team work**—We have to drill the message of team work to all the students from the day one till the day last to integrate the team building exercise very often.

5. **Teachers**—As the pillar of the course is their teacher / professor must always try to build the bridge between the team so that the strength of the team and the zeal of sprit will always burn in the mind of the young blood. Any gap will create unwanted ideas and then act as a negative wave for the time to come.

6. **Open Forum**—As possible the session must have more interactive session to join hands between the team so that the strength of the team and the zeal of sprit will always burn in the mind of the young blood. Any gap will create unwanted ideas and then act as a negative wave for the time to come.

7. **General awareness programme**—As possible the session must have more interactive session to join hands between the students with various combinations and must create the atmosphere to all to get associated and get to know about every body.

8. **Mode of education**—IN the era of internet and a learning the physical books carries only less value and the teachers who give the information’s should be always be connected with the industrial or economical updates so that the threat towards the future for the students must be created as a challenge to invite the future should happen.
9. **Preparation of Pre and Post Educational Questionnaire**—All students should be conducted an emotional examinations before the start of the course and after the completion of course with different type of questions but on same emotional package. This will be brining a clear attitude to counsel the students very clearly.

10. **Other curricular activities**—Students will surely prove the nature of their own when they found any subjects or activities with which they are love. As most of the time the team behavior either positive or negative has a major domination was due to the fear factor. In this situation to make them a separate analysis we have to introduce some new activity based courses as electives which should induce them to learn the multi functional activities on their own.

2. **Conclusion**

   Thus the attitude changes internally can be modified so that the uncontrollable external behaviors are not with us to handle. We have to give a common environment to all the students. Perseverance is different depending upon the factors above stated by the student should be able to identify the good and bad climate very easily as if so compelled to undergo the negative behavioral changes he / she can immediately change himself when situation goes beyond the safety level.

   Students have to be educated on Emotional and Ego levels as the change in attitude is getting started only form these two core points. If the curriculum is more practical and easy to adopt us are very sure the negatively turned student’s ratio will surely comes down.

   System of basic education without untouched the allied concepts of electives can be reviewed. in a simple comparison study of those students who had undergone the education in a closed atmosphere (Residential Schooling ) with that of common the chances and impact of the change to a negative behavioral occurrence is more in the common system despite the meeting with parents, friends and relatives are more.

   The good education system will give only a merit candidate but if that system is very paper in reality without any emotions or interactions then in the mere future education will be more preferred than the college education due to chances of turning bad due to wrong attitude is more . Direct learning a best system should be also updated with more user friendly systems and make the student more sincere than that of other form of learning as the not only teach book at also care for them to shape them right for their future.