

Quality Improvement of Microscopic Images for the Detection of Megaloblastic anemia

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Abstract

Megaloblastic anemia occurs because of the deficiency in vitamin B₁₂, folate or defects due to DNA synthesis. The method of placing the blood smear in microscope and counting manually the number of cells is a difficult and boring process and put more stress for the medical laboratory technicians. The computer aided systems can provide more accurate results in small amount of time. In the present work analysis of megaloblastic anemia images are considered and used them for the detection and confirmation of this rare disease. Megaloblastic anemia images are collected from various sources and processed in computer to get fast and reliable diagnostic results by improving the quality of the image.

Keywords: Anemia, Megaloblastic anemia, blood smear image analysis, Computer aided diseases diagnosis.

INTRODUCTION

Biomedical images can broadly be classified into microscopic and macroscopic. The microscopic image analysis is found to be extremely important in the diagnosis of some rare diseases and microscopically small objects like cells or tissues. Neutrophil segmentation is found to be one of the major criteria in the diagnosis of megaloblastic anemia. These segmented neutrophils usually seen as a single structure. By finding the number of lobes in neutrophils it is possible to do the diagnosis of this disease condition.

Many specific studies have been conducted in the case of megaloblastic anemia based on certain criteria but a reliable and faster method is very much essential for the detection of this blood related disease. In an article on stroke as an initial theme –responsive megaloblastic anemia Madaan.P, Jauhari.P and Gulathi.S have discussed some aspects of megaloblastic anemia [1]. One of the important case study conducted by Sarode.AM, Yeolekar.ME and Harel.S reveals the presence of megaloblastic anemia in chronic alcoholics [2]. In one of the interesting article on megaloblastic anemia AnisHariz and Priyanka T Bhattacharya, examined both megaloblastic and non-megaloblastic anemias. They reveal that the primary work of physicians is to check whether hemolytic anemia or acute hemorrhage are the main two conditions. The presence of megaloblastic anemia may be due to alcoholism, hypothyroidism, liver dysfunction or drugs [3].

Krishna Prakasha and Vasundara Acharya worked on anemia images and developed a computer aided technique for separating red blood cells, classify them and diagnose sickle

cell anemia. This work defines a systematic approach for classifying the red blood cells with and without pallor [4]. In a review on detection of sickle cell anemia in red blood cells, Amitkumar Biswas indicated that an ideal computer aided technique for distinguishing sickle cell anemia is not existing but fractal dimension may be one of the best choice[5]. A paper on megaloblastic anemia has been published by S.Sreerkanth. He has conducted a hospital based retrospective and prospective study for a period of one year. He has analyzed 21 cases in the age group of 2 months to 15 years. Megaloblastic anemia was observed in all cases[6]. For the accurate diagnosis of blood related diseases such as sickle cell anemia, pancytopenia, megaloblastic anemia etc. . . examination of bone marrow is very much essential. E.P Weinzierl and D.A Arbert have conducted a study on pancytopenia and brought out the causes of it in their work on review and overview of pancytopenia[7].

In their work on megaloblastic anemia, Asleena, J.J.Maaz and S.H.Yale points out that megaloblastic anemia is one of the causes of macrocytosis. They have also suggested methodologies for the treatment of vitamin B₁₂ and folate deficiencies[8]. In this study mean corpuscular volume is calculated and based on that megaloblastic anemia and other causes of macrocytosis have been investigated. They observed that the common pathological causes of macrocytosis are due to vitamin B₁₂ deficiency, folate deficiency, hypothyroidism, alcoholism non alcoholics and alcoholic liver diseases etc. . . . They conducted experiments on blood smears and observed the mean corpuscular volume value as 134 fl in the case of vitamin B₁₂ deficiency patients and a value of 114 fl in patients with liver diseases. Studies on megaloblastic anemia and other related diseases based on mean corpuscular volume values have also been reported by many researchers[1,6,9,12,49,23,5].

A Brown, N.Tendon, S.R Mehdi and Z.Siddiqi have conducted a biological studies on megaloblastic anemia patients. The aim of their study was to evaluate the hematological presentation of patients of megaloblastic anemia associated with deficiency of vitamin B₁₂ and folic acid. In their observation among the 90 patients examined most of them had vitamin B₁₂ deficiency. Their conclusion was that there is a significant difference in the clinical presentation of patients of Megaloblastic anemia with B₁₂ and folic acid deficiency. Another conclusion was that there is no significance in the hematological parameters of megaloblastic anemia[9]. The authors recommend that both clinical and haematological parameters should be assessed properly for distinguishing folic acid deficiency patients and vitamin B₁₂ deficiency

patients[[16,13,18,10]

Megaloblastic anemia has emerged as a cause of morbidity and mortality in tropical countries like Africa, America and India. Hindu communities are affected by this disease mainly. Vegetarians are more susceptible to megaloblastic anemia. Vegetarian diet protect folic acid deficiency but not cobalamin deficiency. The authors concludes that proper diagnosis is essential for the use of computer aided diagnostic techniques to find megaloblastic anemia[10]

One of the interesting aspect of megaloblastic anemia is due to vegetarianism. This phenomenon has been reported by H.S.Bawaskar, P.H.Bawaskar, P.B.Prekh et al[11]. Oral vitamin B₁₂ replacement at 100 μ g daily is an adequate alternative to vitamin B₁₂ injections. Deficiency of vitamin B₁₂, vitamin D, folic acid or iron deficiency are common among Indians. The reasons for this are due to diet, life style and social & cultural issues. The systems were modified by the underlying disorder causing its deficiency. B₁₂ deficiency is a common disorder in India. It's recognition is missed or delayed because their manifestations are diverse in nature. It will affect all organs and systems. It is found that most of the time the lab estimations are unreliable.

In their work on determination of nutritional anemia in adolescents Deena Thoms, J.Chand, S.Sharma A Jain and H.K.Pande describe various anemias and their characteristics[12]. The objective of their study was to associate the severity of nutritional anemia with serum levels of ferritin vitamin B₁₂ and folate to determine demographic socioeconomic and nutritional correlates for nutritional anemia in adolescents. The results of their study illustrated that iron folate and B₁₂ deficiency was present in 30.5%, 79.5%, and 50% of adolescents respectively. They also observed that statistically significant association was present between severity of anemia and serum vitamin B₁₂ levels, iron intake and vitamin B₁₂ intake and vegetarian diet. Their conclusion was that folate and B₁₂ deficiency are more common in iron deficiency in anemic adolescents.

Megaloblastic anemia patients can be treated with vitamin B₁₂ supplements statins and antiplatelets. They can be treated with protein rich diet including fruit and vegetables.

An effort for the identification of megaloblastic anemia cells through the use of image processing techniques was put forward by Asaad Babker and V Lyashenko[13]. Their aim was to show the possibility of using image processing techniques to identify megaloblastic anemia cells. Apart from determining image processing operations, they have also used wavelet transforms for analysis of Megaloblastic anemia images. Wavelet transforms have also been used by other researchers [7,12,8] for the processing of megaloblastic anemia images. However a perfect image processing system for the detection of megaloblastic anemia is not yet developed.

Various aspect of megaloblastic anemia and other blood related diseases have been discussed by H.P.Pandey and A.Patel in their work on clinical profile of patient of megaloblastic anemia [14]. Their aim was to find the objective pattern with its clinical profile of megaloblastic anemia. This

work observed that megaloblastic anemia was the highest in patients between the age group of 40 and 49. In a work on vitamin B₁₂ and folic acid related megaloblastic anemia. I.Karakoyun, C.Duman and F.D Arslan studied some aspect of megaloblastic anemia [15]. They have tried to investigate the effect of megaloblastic anemia due to vitamin B₁₂ or folic acid deficiency on the levels of tumour markers. The study concludes that megaloblastic anemia results in ineffective erythropoiesis.

B.K.Singh and Indalkumar conducted a study on pancytopenia which is a common presenting feature of megaloblastic anemia[16]. The study specifically states that, the most common cause of pancytopenia is the megaloblastic anemia. The conclusions of this study was that megaloblastic anemia and aplastic anemia were amongst the common etiological diagnosis of pancytopenia and severe anemia was common in megaloblastic anemia. S.N.Anjum and A.M.Naikwadi conducted a study on pancytopenia. [17]. Shah.Petal ... worked on the diagnosis of bone marrow aspiration [18]. Pancytopenia study was also conducted by B.N.Gayatri and K.S.Rao in their work on clinical haematology study[19]

A case study had been conducted by P.Diaz, M.A.Vieira A.Carneiro and N.Fernandes highlighting the importance of differential diagnosis of pancytopenia. A rare disease called Systemic lupus erythematosus (SLE) is a chronic disease affecting multiple organs. This is usually associated with pancytopenia[20]. An interesting review written by D..Socha S.I.Desouza, Aron Flagg et al... brings out important aspects of megaloblastic anemia. They made two case studies one on woman with anemia and the other is an old man with myelodysplastic syndrome. They specifically says that, the most common cause of megaloblastic anemia are deficiencies of B₉ (folate) or vitamin B₁₂ (cobalamin)[21]. In this work on vitamin B₁₂ deficiency, Robert. C presents megaloblastic anemia along with peripheral neuropathy and neuropsychiatric complaints. He also points out that once the diagnosis of megaloblastic anemia is completed the causes of B₁₂ deficiency should be searched and oral vitamin B₁₂ therapy may be started.[22]

An automatic image segmentation technique for counting blood cell nuclei in megaloblastic anemia had been proposed by H.M.Chen Y.T. Tsao and S.C. Tasi[23]. Clinical profile of megaloblastic anemia has been studied by BR. Pokharel, P. Pant, R.GURUNG, R.Koju TRS Bedi[24]. Their work was the outcome of 6 years treatment experience in Kthmandu university hospital, Nepal India[25]. Hariz.A and Bhattacharya PT published a book chapter on megaloblastic anemia which they illustrate that this rare disease is due to hypovitaminosis specifically cobalamin and folate which are necessary for the synthesis of DNA.[26]. Megaloblastic anemia is mainly due to the presence of bone marrow of large red blood cells which are called megaloblasts. One of the main causes of megaloblastic anemia is ineffective red blood cell production. The common cause of megaloblastic anemia is deficiency of cobalamin and folate[27]. Vasundara Acharya and Preethamkumar developed a method for classification of red blood cells or identification of blood related diseases [28]. There are many research articles describing

megaloblastic anemia and other blood related diseases [29-44].

MATERIALS AND METHOD

A data base has been created collecting images from various sources. They are verified by an experienced medical professional and made sure that these patients are affected with megaloblastic anemia. If the neutrophils are segmented into three or more lobes we can make sure that these people are affected with megaloblastic anemia. Image processing operations are performed on these images to check whether some clinical information can be drawn from the processed images. The ultimate aim of this work is to implement simple and reliable image processing operations for the diagnosis of megaloblastic anaemia. Here different types of image processing operations are performed for image quality improvement. Images are filtered using median filter. The reason for using median filter is that it modifies the image in such a way that noise will be eliminated to a considerable extent and will not alter the information content extensively.

Edge is considered to be one of the important aspect of image processing where the human visual system concentrate more for deriving information and decision making process to segment one region to distinguish from other similar regions

within an image. It is at this point where maximum intensity variation occurs. Edge detection has been performed to make the object edges more clear and legible. By observing the red blood cells it is possible to check whether circles (which are the edges of the RBC's) and cell has been enlarged to some extent. One of the important aspect of megaloblastic anemia is that the RBC's will be enlarged and then neutrophil segmentation takes place. It is possible to do diagnosis by observing the number of lobes in the neutrophil.

Another set of image processing operation performed on megaloblastic anemia images is the segmentation. Segmentation of megaloblastic anemia images of neutrophils which are divided into different lobes can be observed and counted. It is clear and easy to understand for human beings to decide how many lobes are there in the segmented neutrophils in the microscopic images.

One of the aims of this work is to develop a simple image processing system which is easy to implement in clinical environment. The theory used for producing the output images is also simple and easy to use. Matlab software has been used here for the implementation of these standard image processing techniques. The readers can refer(Ref:44)for the theoretical aspects of these system which are widely used by the academic community throughout the world.

A simple image processing system for identifying Megaloblastic anemia

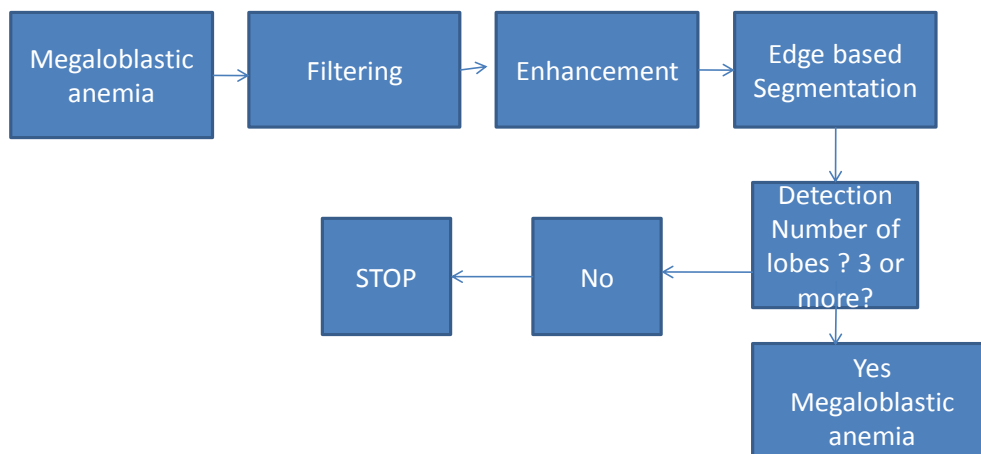


Fig 1 Image processing system for megaloblastic anemia

RESULTS AND DISCUSSIONS

Getting good quality images is the dream of every physicians, scientists and biomedical engineers. For implementing any system in clinical field, it is necessary to use most simple image

processing techniques than complex and complicated algorithms. With this point in mind few image processing operations are implemented on a megaloblastic anemia image and obtained better quality images as illustrated in figures shown below.

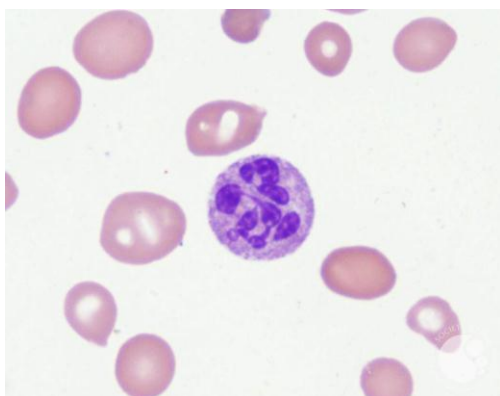


Fig 2.a: Megaloblastic anemia (sample-1)

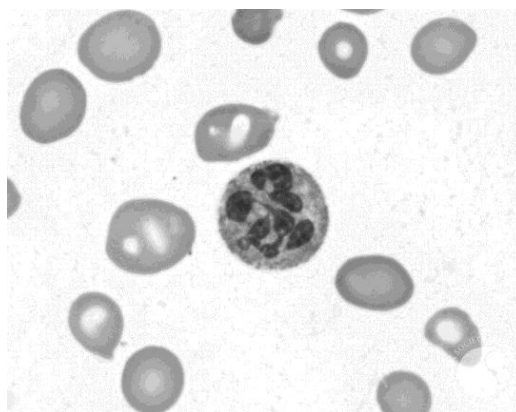


Fig2.d: grey scaled image of Fig2.a

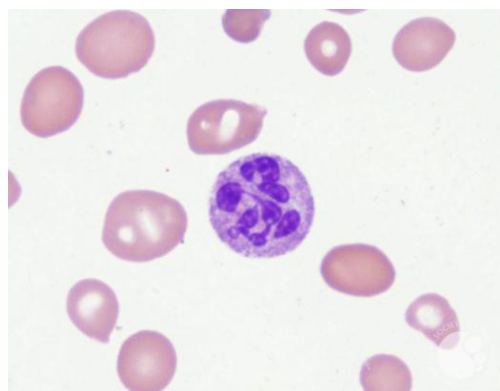


Fig 2.b: Contrast enhanced version of Fig 2.a

In Fig2.a, a neutrophil segmented image is shown. It is possible to see that it has been segmented into eight parts. For confirmation of megaloblastic anemia, the number of lobes should be three or more. So this is a sure case of megaloblastic anemia. We can also count the number of lobes automatically. Many scientists have already developed the methods for lobe counting in blood cells. The same strategy can be implemented here also. But it is not significant in this work because the division is clear while looking through the human visual system. It is possible to do disease diagnosis accurately without any processing operation. In Fig2.b contrast stretching has been used for enhancing the image. Fig 2.b is much more better than 2.a and its contrast has been increased.

In Fig2.c edges of the cells are highlighted and it is possible to see any abnormal enlargement of the cell is present. It is possible to observe from this figure that one cell is enlarged and even the edges of the nuclear lobes can be counted. Image is then grey scaled as shown in Fig 2.d for further processing.

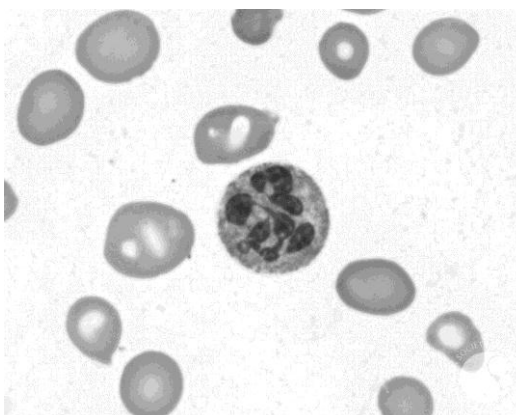


Fig 2.e : Enhanced

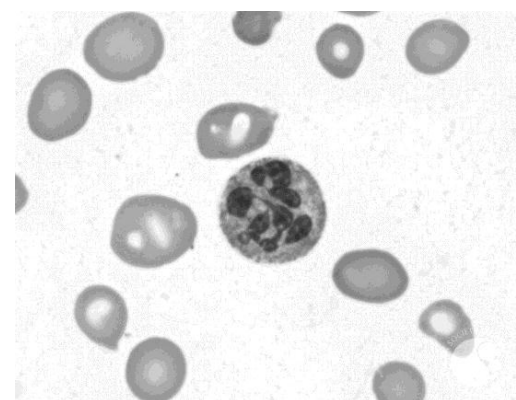


Fig2.f: Enhanced more

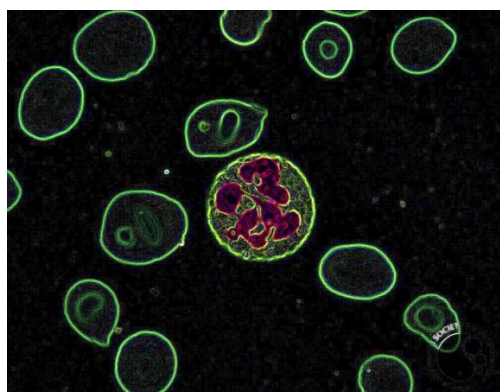


Fig 2.c: Edge detected

In Fig 2e image contrast has been increased by using unsharp-masking. In Fig2.f The image contrast is further increased with contrast stretching.

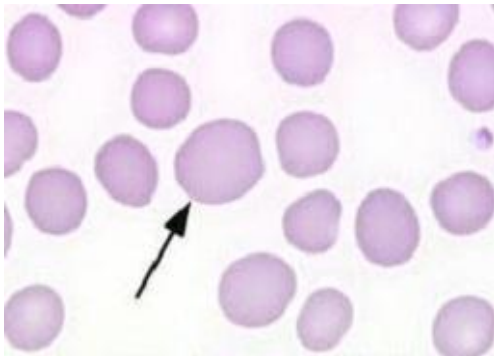


Fig3.a.: Megaloblastic anemia(sample-2)

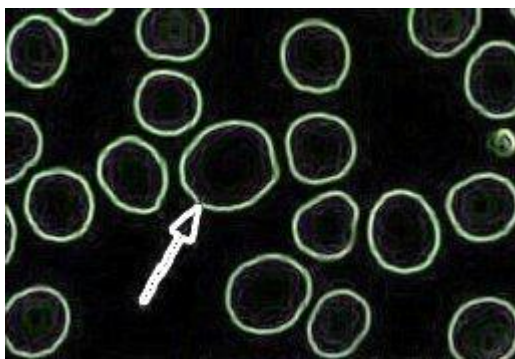


Fig 3.a-1: Edge detected version Fig3.a

The results obtained in this image analysis work of Megaloblastic anemia are summarized below. Fig3.a, 3.b 3.c and 3.d are the blood smear images of Megaloblastic anemia patients. One of the aims of this work is to check whether any clinical information can be extracted using simple image processing techniques. Before actually starting the neutrophil segmentation first of all RBC are enlarged. Early detection of Megaloblastic anemia is possible because of the enlargement of RBC's. In Fig.3.a one of the cell is enlarged(shown by arrow). By detecting the edges it is possible to clearly identify the enlarged cells from the normal ones which are similar in size and shape. This can be observed from Fig.3a-1.It is possible to observe that there are so many information inside the cells which are not clearly visible but its presence can be identified.

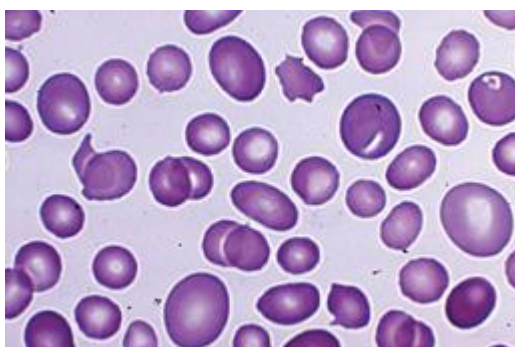


Fig 3.b: Megaloblastic anemia (sample-3)

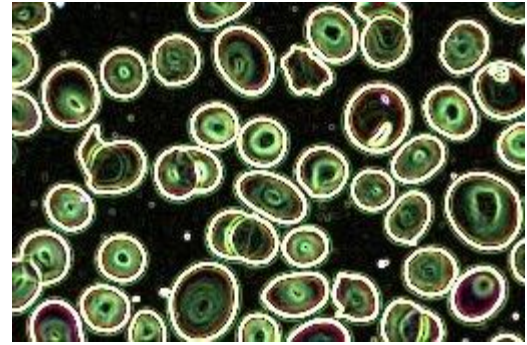


Fig3.b-1: Edge detection of Fig3.b

Fig 3.c and 3.d re two megaloblastic anemia images. In 3.c the information contents in inside of the cell is not clear. Whereas after edge detection it is possible to see many information inside. It can be seen from Fig 3.c(1).Number of neutrophils inside cells can be easily seen, enlarged cells, touching and non touching cells cell division all these information is revealed as in Fig 3.c(1). Other components inside the extracellular fluid is also possible to see in the edge processed image where as they are not prominent in the input image.

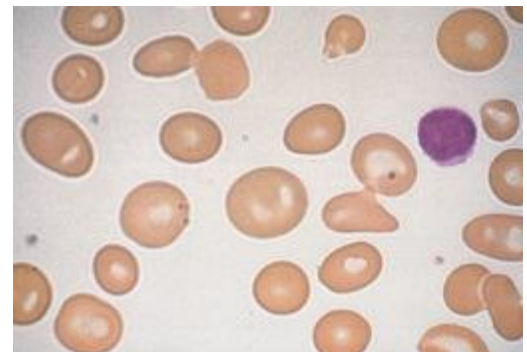
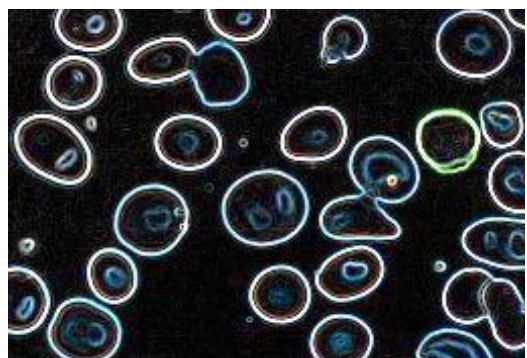


Fig3.c: Megaloblastic anemia (sample-4)



3.c-1: Edge detection of Fig3.c

In Fig3.d one enlarged cell and normal cells can be visualized. In the edge detected version it is possible to see several information inside the cells including number of lobes. It can be observed that in the input image the intensity of the image inside the cell is almost uniform and looks like there is not much important components. But in the output image 3.d-1 we

can see that many information is hidden which requires further analysis to retrieve the information content.

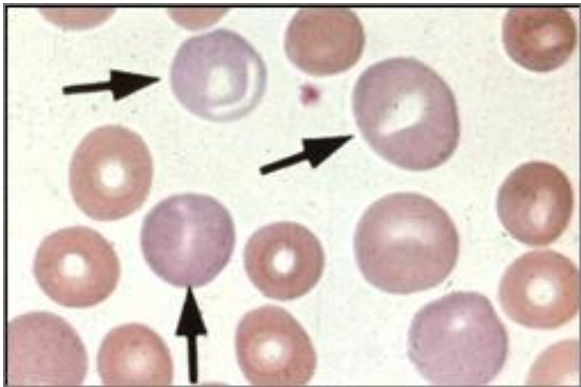


Fig 3. Dmegaloblastic anemia (sample-5)

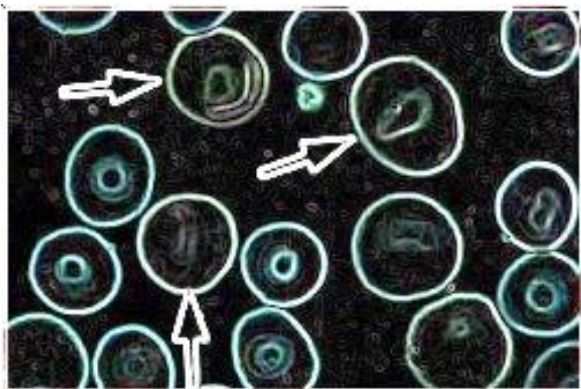


Fig3.d-1: Edge detection of Fig3.d

Fig4.1 – is the original image used for implementing image processing operations which is a sure case of megaloblastic anemia. Fig 4.2 is obtained after contrast stretching which is one of the most simple and elementary image processing operation. It is possible to see much better quality image than the input image.

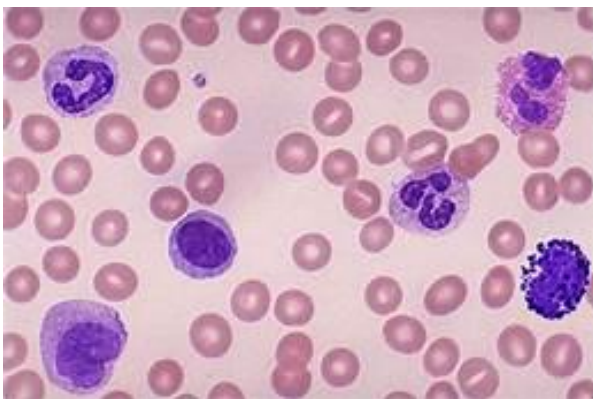


Fig4.1: Megaloblastic anemia (sample-6)

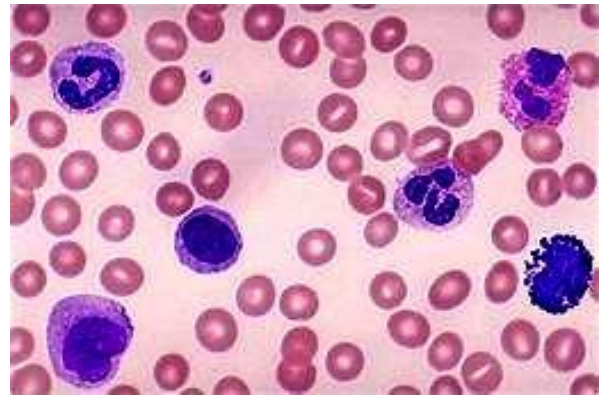


Fig4.2: Contrast stretching of Fig4.1

In Fig.4.3 edges are highlighted which reveal clues for medical professionals. However they need further advanced operations for getting clinical information. In Fig4.4 one of the classical image processing operation is performed which is nothing but modified histogram equalisation technique, we call it clipped histogram equalisation.

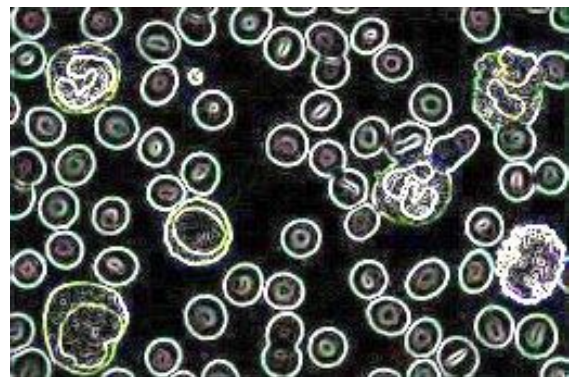


Fig 4.3: Edge detected

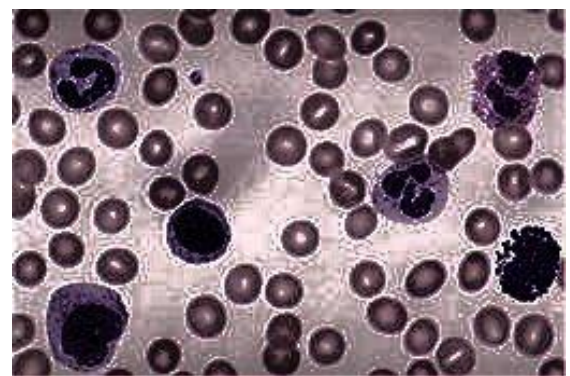


Fig 4.4: Clipped histogram equalisation

The main disadvantage of classical histogram equalisation is that it over enhance the image. But it is very much suitable for low contrast images, like x-ray images.

CONCLUSIONS

Megaloblastic anemia is a rare, blood related disease, the diagnosis of which can be done by the analysis of blood smear images. The disease affected blood samples are collected from medical colleges in Kerala, India and these are used as input images for applying image processing operations. Images are enhanced using un-sharp masking and contrast stretching. For edge detection, canny edge detector is being used. A simple image processing system has been developed in this work which can identify megaloblastic anemia based on visual inspection along with the computer processing. All the output image obtained in this work are found to be much better utility than the input images of megaloblastic anemia. Hence disease diagnosis is much more easy and accurate for physicians and other medical professionals.

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